

This leaflet has been written to provide you with some information about a heart murmur and where to get help if you have any concerns in the meantime.



## **Heart murmur – What happens now?**

**Information for parents**



**Yorkshire and Humber  
Congenital Cardiac  
Network**

**Reviewed Dec 2010  
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At the routine examination by the hospital doctor, your baby has been found to have a heart murmur (a noise which the doctor hears with a stethoscope).



He/she has been referred to a paediatrician (children's doctor) for assessment, which will be at your local hospital in a few weeks time.

At this appointment your baby will be examined, and **may** have a number of tests:

- Measurement of oxygen levels in the blood via a finger probe
- ECG - electrocardiogram - tracing of the heart rate
- Echocardiogram - scan of the heart

These tests help the paediatrician in deciding if your baby has a problem with the heart.

In the meantime if your baby develops any of the following symptoms or becomes unwell, please contact your GP, midwife, health visitor or local A & E

Symptoms to look out for:

- Poor feeding
- Not gaining weight
- Breathlessness, especially when feeding
- Poor colour



### **Useful contacts if your child is found to have a heart problem**

#### ***Children's Heart Surgery Fund***

The Children's Heart Surgery Fund is a registered charity based at Leeds General Infirmary, which covers Yorkshire, Humberside and the North Midlands.  
Tel 0113 3925742

#### ***Children's Heart Federation***

This is a federation of local and national support groups throughout the UK and Ireland.

Freephone: 0808 8085000

[www.childrens-heart-fed.org.uk](http://www.childrens-heart-fed.org.uk)

#### ***British Heart Foundation***

A national registered charity

[www.bhf.org.uk](http://www.bhf.org.uk)